

Finish #18: John Kelly, 2017, 59:30:53

April 4, 2017

the bugle

bugle t. Finish #18: John Kelly, 2017, 59:30:53. The Barkley Marathons. 2017 Apr 4 [last modified: 2017 Oct 27]. Edition 1.

Abstract

The White Whale of Tennessee

For three years I obsessively chased my white whale through the very Tennessee mountains where I grew up. In 2015 I failed after 3 loops, a harsh introduction to Barkley where I had been doomed by a poor nutrition strategy. In 2016 I failed just after starting the 5th loop, done in by navigational errors that led to sleep deprivation. Those taught me valuable lessons, though, and I came into this year's race more prepared, with a better mindset, and with the same incredible support from my wife, family, and friends, as well as some outstanding companies (Hammer Nutrition, Ultimate Direction, Every Man Jack, Chopt).

Read more at ... <http://www.irunfar.com/2017/04/the-white-whale-of-tennessee-john-kellys-2017-barkley-marathons-report.html>